

# YOUR GUIDE TO ENCOURAGE CYCLING TO SCHOOL



**NBB**  
**School**  
**Shelters**

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# INTRODUCTION

Here at NBB School Shelters we are a leading manufacturer in supplying a wide range of Cycle Shelters and Cycle Stands/Racks to help keep your bikes and scooters safe and secure. We would like to offer you a helpful guide to encourage all children to have the opportunity to cycle to school. Encouraging pupils to cycle to school can make a positive and beneficial effect on their health and well-being.

## SOME KEY FACTS:

- According to [ctc.org.uk](http://ctc.org.uk), about 50% of primary school children would prefer to cycle to school, but in England only around 1% of children aged 5-10 and 2% of children aged 11-15 cycled to school in 2013
- Over 40% of cars are the most common form of transport used for school runs, making education travel responsible for about 29% of trips between 8-9am
- The average primary school journey is just 1.5 miles - the perfect distance to cycle
- Children who cycle to school concentrate better than those who are driven there

## DID YOU KNOW? THAT 'CYCLING TO SCHOOL'....

- Helps pupils develop their physical health and fitness, therefore boosting their confidence and independence growing up
- Can promote a sustainable environment in tackling local congestion, pollution and dangers on road caused by school runs
- Create a skill for life by encouraging children to cycle as an ideal means of transport therefore warding off car dependency and reduce volume of traffic in the future
- Unite school communities by involving pupils, parents, teachers and even school governors to contribute a sustainable future in providing a valuable learning experience in social/ environmental responsibility





# WHY CYCLE TO SCHOOL?

- Children who participate in **regular exercise** such as cycling or walking to school are more likely to develop an **active lifestyle** and reduce a growing health problem such as obesity
- Regular cycling will not only improve your child's health but also improves their **concentration** in the classroom - **Exercise is like fertiliser for the brain!** (Source: [www.urbancycles.org.uk](http://www.urbancycles.org.uk))
- To reduce road traffic, **ease congestion** and **reduce carbon emissions** especially on routes to schools as an alternative way to travel
- Cycling together with **school friends is fun and promotes a sense of freedom** to get fit and **save money** at the same time
- Cycling allows children the freedom and opportunity to learn how to explore/navigate their environment safely, which are vital learning skills



2



# DON'T WORRY- CYCLE SAFE!

However, we understand there may be many reasons parents or teachers might not want to allow children to cycle such as fears in road/cycle safety and or children alone in public places. There are ways around this:

- Children can benefit from cycle training to learn how to ride safely and improve cycling skills/traffic awareness
- Let children cycle together with friends who are skilled cyclists or with a another parent
- Seek alternative cycle routes; quieter roads and cycle paths. Go to your local council or cycle shops for free city cycle maps and guides
- Improve cycle security at your school go to page 6 for our guide on cycle storage solutions or visit [www.nbbschoolshelters.co.uk](http://www.nbbschoolshelters.co.uk) for more information





# HERE IS OUR QUICK GUIDE TO CYCLE SAFETY

Always wear a helmet

Make eye contact with other road users

Be safe, be seen – wear reflective or bright, light clothing

Use your bell only as a warning to alert of your presence

Use lights at night and in poor visibility conditions

Take care on wet or icy roads



## NEED FURTHER INFORMATION?

Here are some guides to help you along the way to cycle safety and to enjoy the benefits of cycling:

- Bike It Scheme: [www.sustrans.org.uk](http://www.sustrans.org.uk)
- Bikeability Cycle Training for Children: [bikeability.org.uk/schools](http://bikeability.org.uk/schools)
- Sustrans Cycle Maps: [www.sustrans.org.uk/schooltravel](http://www.sustrans.org.uk/schooltravel)

Make sure your bike is in working order, speak to an adult



NBB School Shelters believe that providing secure cycle parking is paramount in encouraging children to cycle to school and in doing so we aim to help you find the most appropriate cycle storage for your school needs. Here we can supply a wide range of Cycle Shelters for up to 24 cycles, or Cycle Compounds for up to 56 cycles if you are looking to store a large amount bikes. In addition we have a huge range of Cycle Racks, Stands and Lockers to choose from to accompany your new shelter too.



## SOME KEY FACTS:

- 92% of head teachers surveyed consider cycle parking important in increasing cycling at their school
- 10 bikes can be parked in the space required by one car
- A typical school run accounts for 21% of rush-hour traffic during term time
- 51% of all car journeys to school are under one mile

(Source: [www.sustrans.org.uk](http://www.sustrans.org.uk))

## WHY PROVIDE CYCLE STORAGE?

- To continue promoting Cycle to Schools, schools will need adequate cycle parking storage onsite for pupils and to keep children's bikes/scooters safe
- Reduce cycle theft and vandalism therefore it will not deter parents/teachers positive approach to active cycling
- To reduce traffic congestion/parking at school gates
- Cycle parking facilities can promote a message to school drivers to consider cycling in the future
- Good quality parking will encourage schools to use it

5



# WHAT KIND OF CYCLE STORAGE IS SUITABLE?

## CYCLE SHELTERS

A Cycle Shelter can encourage better use of cycle storage by designating an area where bikes and scooters can be protected from all weather conditions and offer excellent visibility to reduce cycle theft and vandalism. Many of our cycle shelters can hold up to 24 cycles



Peveril Cycle Shelter



Bloxworth Cycle Shelter



Kimmeridge Cycle Shelter



## CYCLE COMPOUNDS

If you are looking for larger cycle parking storage these enclosed compounds provide more secure storage up to 56 cycles for much larger educational premises and for longer periods of time. Many of our cycle compounds have the option to be installed with lockable gates, with cycle stands and/or lockers for added security



Kimmeridge Cycle Compound



Winterbourne Cycle Compound

# WHAT KIND OF CYCLE STORAGE IS SUITABLE?

## CYCLE STANDS

To secure your bike to the ground, cycles can be locked to the stand at the wheel and frames using chains, padlocks, cables or D-Locks. Each stand accommodates two cycles, one on each side and can be mounted to the ground



Sheffield Toast Rack



Sheffield Cycle Stand



## CYCLE RACKS

Racks are ideal mounting either to the ground or attached to wall and are perfect when space is limited



Traffic Line Wall Mounted Cycle Holder



Stand Cycle Racks





# OTHER POINTS TO CONSIDER WHEN PLANNING CYCLE STORAGE

## LOCATION

Make sure you locate your cycle parking in a prominent and convenient position. Ideally as close as possible to the main entrance of your school where it is well lit and is under constant surveillance and/or with the use of CCTV cameras. This will help reduce the opportunity for vandalism/theft. Bike parking should not be hidden away behind buildings or tucked away out of site.

**Visible, accessible and convenient.**

## HOW DO I GET FUNDING?

There are many sources your school can raise funding this could include Lottery grants, funding grants from Local Authorities and business sponsors for community grants. Sustrans can help administer and offer up to 50% match funding for cycle and scooter parking installation. (Please see our [Shelter Funding Guide](http://www.nbbschoolshelters.co.uk/page/knowledge-base) on [www.nbbschoolshelters.co.uk/page/knowledge-base](http://www.nbbschoolshelters.co.uk/page/knowledge-base))

## HOW MUCH WILL IT COST?

Depending on your requirements the cost of cycle storage and security can vary between the design of your shelter, onsite conditions and additional products such as adding lockable gates to a cycle compound.

- Cycle Shelters can start from £1,075, which can hold up to 20 cycles
- Cycle Compounds to accommodate larger premises would start from £2,850
- A standard Cycle Stand to accommodate two cycles would be from £34.35 and for Wall Mounted Cycle Rack (butterfly design) can start from £26.95

We can offer bespoke shelters that we can design and manufacture to suit your needs and budget, installation is also available upon quotation





# WHY CHOOSE NBB SCHOOL SHELTERS FOR YOUR NEXT PROJECT?

- **Specialist Manufacturers**

We can supply an 'off the shelf' product or a full bespoke shelter

- **Trusted Shelter manufacturers in the Education Sector**

We are already trusted by many schools, nurseries and universities - have a look at our case studies and testimonials

- **100% No Quibble Guarantee**

If for any reason you are not totally satisfied contact us, within 30 days and we will either replace your goods or give you a full refund (excludes custom made products)

- **ISO 9001:2008 Accredited Company**

All of the processes used during the manufacturing of our products are carried out to ISO and BS EN Standards

- **Free Site Consultation**

Not sure what product you need? Or need some further advice? Speak to our sales team today on **0800 1777 052** to see if you qualify for a free no obligation site consultation

